

# *My Body - Menu of Memberships & Services*

## *Memberships*

### *My Body Wellness Benefits Cards*

**Gold Membership**

**\$29.95 a month**

**Platinum Membership**

**\$49.95 a month**

\*Membership includes family members at no additional charge\*

\*Also includes a \$20.00 registration fee

## *Services*



	Fee	Gold	Platinum
25 Minute Nutrition Consultation	\$55	\$49	\$44
50 Minute Nutrition Consultation	\$99	\$89	\$79
25 Minute Phone Consultation	\$45	\$40	\$35
50 Minute Phone Consultation	\$85	\$75	\$65

**Nutrition Transformation Package**

**\$399**

**Nutrition Bundle Pack**

**\$99**

4 – 15 Minute Nutrition Consultations

**Standard 7 Day Meal Plan**

**\$75**

50 Minute Consultation with Counselor Required

**Custom 7 Day Meal Plan**

**\$150**

50 Minute Consultation with Counselor Required

\*Membership discounts do not apply to promotions, meal plans or bundle packs.

## **Gold Membership Benefits**

**Valuable Savings & Discounts  
on Health & Lifestyle needs for;**

**Alternative Medicine**

***My Body* Meal Planner**

**Dental**

**Vision Care**

**Pharmacy- Retail & Mail Order**

**Diabetic Supplies** ★

**Hearing Aids**

**Legal Services**

**\$29.95**

**GREAT VALUE!!!!**

## **Platinum Membership Benefits**

**Valuable Savings & Discounts  
of the Gold Membership PLUS;**

**Physician & Hospital**

**TelaDoc™**

**Emergency Medical Travel Assistance**

**Pet Care**

**Financial Wellness**

**Travel Reservation™**

**\$49.95**

**BEST VALUE!!!!**

**\*Also includes a \$20.00 registration fee**

## **Membership Benefits Also Include;**

**UNLIMITED Website support includes recipes, journals, kids corner**

**UNLIMITED Workshops at All Participating *My Body* Facilities\***  
(non-members pay \$10)

**Gold Membership Receives 10% off *My Body* Nutrition Consults**

**Platinum Membership Receives 20% off *My Body* Nutrition Consults**

**For more information visit our website**

**[www.mybodyprogram.com](http://www.mybodyprogram.com)**